a compound having the formula:

(I)

$$Ar_{1}$$
 X
 Ar_{3}
 Y
 $CH_{2})_{n}$
 R_{1}
 Ar_{2}

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or a pharmaceutically acceptable salt or hydrate thereof, wherein:

n is 0, 1, 2, 3 or 4;

X is absent, (C_1-C_3) alkyl, (C_1-C_3) alkenyl, or (C_1-C_3) alkynyl;

Y is C, N, P, Si or Ge;

 R_1 is absent, -halo, -R, -OR, -SR, -NR₂, -ONR₂, -NO₂, -CN, -C(O)R, -C(S)R, -C(O)OR, -C(S)OR, -C(O)SR, -C(S)SR, -C(O)NR₂, -C(S)NR₂, -C(O)NR(OR), -C(S)NR(OR), -C(O)NR(SR), C(S)NR(SR), -CH(CN)₂, -CH[C(O)R]₂, -CH[C(O)OR]₂, -CH[C(S)OR]₂, -CH[C(O)SR]₂, -CH[C(S)SR]₂ or aryl;

Ar₁ is aryl, substituted aryl, heteroaryl other than imidazole, nitroimidazole and triazole, heteroarylium other than imidazolium, nitroimidazolium and triazolium, (C₅-C₈) cycloalkyl or (C₅-C₈) heterocycloalkyl;

Ar₂ is aryl or substituted aryl;

Ar₃ is aryl, substituted aryl, biaryl or heteroaryl other than imidazole, nitroimidazole and triazole; each R is independently selected from the group consisting of -H, (C₁-C₆) alkyl, substituted (C₁-C₆) alkyl, (C₁-C₆) alkenyl, substituted (C₁-C₆) alkynyl, substituted (C₁-C₆) alkynyl, and (C₁-C₆) alkoxy;

the aryl substituents are each independently selected from the group consisting of -halo, trihalomethyl, -R, -R', -OR', -SR', NR'₂, -NO₂, -CN, -C(O)R', -C(S)R', -C(O)OR', -C(S)OR', -C(O)SR' and -C(S)SR';

the alkyl, alkenyl and alkynyl substituents are each independently selected from the group consisting of -halo, -R', -OR', -SR', NR'₂, -NO₂, -CN, -C(O)R', -C(O)OR', -C(O)O

each R' is independently selected from the group consisting of -H, (C_1-C_6) alkyl, (C_1-C_6) alkenyl and (C_1-C_6) alkynyl.

TABLE A Exemplary Compounds		
SI-CH₂CH₂CH₂CH₂OH	C-CH₂CH₂CO₂H	0 C-C-NH ₂ CI
(73)	(74)	(75)
Si S	Ge-OH	O C − CH ₂ CH ₂ -C-NH ₂
(76)	(77)	(78)
O	C-CO₂H CI	осн3
(79)	(80)	(81)